



## MEMO

**Date:** Wednesday, March 25, 2020

**Topic:** **Interprovincial travel restrictions**

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Public health officials are strongly advising all Manitobans, including health-care providers, to cancel or postpone any non-essential travel. This includes international travel and travel within Canada. There should be no recreational, tourist or non-essential personal travel. In addition, effective immediately, public health officials are recommending that anyone who returns from travel, either international or domestic, should self-isolate and self-monitor for symptoms for 14 days following their return.

Consequently, Park West School Division is recommending that any staff, students, or parents who have travelled out of province to self-isolate for 14 days. Furthermore, during the 14 days, please do not visit any of our schools or division office. This includes any teachers who might go to school for instructional planning purposes. Anyone who is self-isolating is asked to contact the school principal to make arrangements to receive any materials.

This recommendation does not include:

- The commercial transportation of goods and services;
- Workers, including health care workers who live in a neighbouring jurisdiction and travel to Manitoba for work; or
- Normal personal travel in border communities, including visits to a cottage.

You can stay up-to-date on current information regarding COVID-19 by visiting the Manitoba government site <https://www.gov.mb.ca/covid19/index.html>

Thanks in advance for your cooperation with this direction,  
*Stephen David*